



USA JUMP STARS®



Jump Rope Camp 2010

Encinitas School District

El Camino Creek Elementary School

July 12th – July 16th \$99- 5 days

July 19th – July 23rd \$99 – 5 days

July 26th – July 30th \$99 – 5 days

August 2nd – August 6th \$99 - 5 days

9:00am – 12:00pm

USA Jump Stars promotes jump rope as a means of creating a healthy body and mind while developing personal values, team spirit and sportsmanship through competition and live performance. Did you like the movie "Jump In"? Learning competitive jump rope tricks is challenging, fun and great exercise! This class will teach single rope, Chinese wheel, two person one rope, traveler, double dutch, and long rope.

Jump ropes provided for class and available for purchase to take home

Grades: 1 - 6

Beginner to Advanced

Bring a smile and we will teach you to jump rope!

Wear work out clothing and good jumping shoes

Space is limited

Please detach and mail to:

USA Jump Stars

P.O. Box 1135

Imperial Beach, Ca. 91932

Please make checks payable to USA Jump Stars

El Camino Creek Elementary School Summer 2010

Participant's name _____ Grade _____ School _____

Address _____

Guardian _____ -Hm Phone _____

Wk Phone _____ - Cell Phone _____

E-mail _____

Emergency contact _____ Phone # _____

Circle One July 12th - July 16th or July 19th - July 23rd or July 26th - July 30th or August 2nd - August 6th

I give my child _____ permission to participate in the USA Jump Stars program. I have arranged transportation for my child to and from the school. I release USA Jump Stars from all claims and responsibility arising from any injury to my child resulting from participation during this USA Jump Stars program.

Please call or e-mail Melinda Everett for questions. 619-851-6880. Melindae123@yahoo.com

USA Jump Stars

Parent's signature _____

This Program is offered through the Encinitas School District's Extracurricular Activities Program. Questions or concerns should be addressed to USA Jump Stars at 619-851-6880 or Ron Quini at 760-944-4300x1144