



AFTER SCHOOL ENRICHMENT CLASSES La Costa Heights

"Enriching children's lives!"

Dear Parents,

The following list contains information regarding various after school enrichment classes offered at La Costa Heights Elementary. In order to register for these classes, please contact the provider at the number/ e-mail or website listed under each desired section. You **will not** be receiving individual flyers from these organizations in an attempt to reduce paper distribution and be a more earth conscious program. Should you have any questions regarding these materials, please don't hesitate to contact me at your convenience at 760-944-4300 x1144 or via e-mail at ron.quini@eusd.net.

Session II – The week of Nov. 16, 2009 – week of Jan. 18, 2010 **Now enrolling!**

Session III – The week of Jan. 25 – week of Mar. 22, 2010

Session IV - The week of Apr. 12 - week of May 31, 2010

All programs meet at the main lunch tables for the first class of each session to ensure students know which classroom is being used for the program. After that, students must meet at the designated classroom/ class area.

Ron Quini
Supervisor of Extra Curricular Programs
Encinitas Union School District

Academic Chess \$77

Wednesday 2:25 - 3:25

11/18, 12/2, 12/9, 12/16, 1/6, 1/13, 1/20

We are devoted to promoting the merits of chess among children by using stories, dances, and catchy songs to make the game of chess exciting and easy to understand. Children participating in our program: Develop critical thinking and problem solving skills; Have better concentration and mental discipline; Gain confidence and have lots of FUN!!! All students in chess club receive an exclusive Academic Chess workbook, prizes for good sportsmanship and participate in the "BIG TOURNAMENT" on the last day where all kids take home a prize! For more specific info: Call Academic Chess (760) 631-0205, or email us at info@academicchess.net. For a copy of the flyer you can also visit our web site at www.academicchess.net.

Camp Imagine

TUESDAYS: 2:25 p.m. to 3:25 p.m.

HANDS ON CLAY-\$85

Students will create from the clay itself, cups, bowls, slab rolled and pinched pots...maybe a dragon or two! How about a picture frame or wall vase? We supply the clay and all the colorful glazes. New challenges for continuing students. Come join the fun!

To register call 760-603-8254 or e-mail us at campimagine@sbcglobal.net.

WEDNESDAYS: 2:25 p.m. to 3:25 p.m.

CHALK ART!-\$85

In the tradition of the Italian street artist, children will learn techniques in using chalk and oil pastels. They will demonstrate their knowledge on paper, cardboard and on the pavement as done at street festivals in Italy and artistic celebrations around the world.

To register call 760-603-8254 or e-mail us at campimagine@sbcglobal.net.

Center for Martial Arts' - Korean Karate & Self-Defense

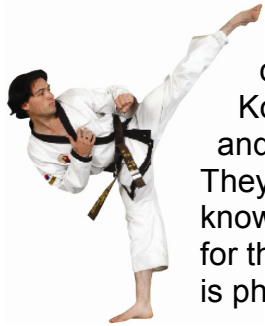
Fridays 12:50 - 1:50

Session 2: November 20 to January 22

Center4MartialArts.com

(6 Classes, No Classes: 11/27, 12/18, 12/25, 1/1)

[Check out the special enrollment offers listed on our flyer!](#)



Enjoy learning Martial Arts with friends in an environment of discipline, compassion and loads of FUN! Children learn traditional Korean Martial Arts building confidence, self-discipline, physical agility, and self-defense ability from a caring, positive, highly trained role model. They are taught that with learning the martial arts comes the responsibility of knowing the appropriate times to practice and use it. We prepare students for the demands of school by providing a highly structured environment that is physically and mentally stimulating and tons of fun!

For more information or to get an enrollment flyer, please call The Center at (760) 942-6470, email CMAoffice@sbcglobal.net or check us out on the web Center4MartialArts.com and go to After School Programs.

Flag Football 6 weeks \$62

Fridays 12:50-1:50

November 20th – January 22nd

(no class 11/27, 12/18, 12/25 & 1/1)

Ready for some football! Learn football basics through drills, obstacle courses and strength training with an emphasis on team work.

Increase agility, speed and self esteem. Intramural games will be played each class. No tackling, just fun! Super Bowl will be played on

the last day of the session. All grades welcome. Group will be split by age and ability. For info or to register call 760-579-389 or www.fitkidsamerica.org.

LOOK FOR OUR UPCOMING BATTLE OF THE SCHOOLS TOURNAMENT!



Kidz-N-Fun (Volleyball) - \$84

Mondays 2:25 – 3:25

November 16 – January 11

No class: Thanksgiving Nov 25-27, Winter Break Dec 21 – Jan 1, MLK Jan 18



Have a blast with Kidz-N-Fun and our professional staff! Come join us for the opportunity to play this wonderful game! You will be learning the basic fundamentals needed to play this great sport! Instruction is given in hitting, blocking, setting, serving and digging in a variety of group and individual drills as well as game play. Our staff takes special care to ensure that each participant receives personal attention and quality repetition to maximize learning and fun. All children will be supervised at all times. Come out and learn this amazing and fun sport!

Cheer/Hip Hop Combo - \$81

Thursdays 2:25 -3:35

November 19 – January 21

No class: Thanksgiving Nov 25-27, Winter Break Dec 21 – Jan 1



Calling all boys and girls! Have a blast with Kidz-N-Fun and our professional staff! Are you ready to get your kids in shape with this exciting program? Kids will dance and pop to their favorite kid friendly hit songs such as Jonas Brothers, Miley Cyrus, Cheetah girls and Jordan Pruitt while learning choreographed routines.

Kids will also be able to help us choreograph a dance together and learn count steps. They will learn popular Pop Warner cheers while developing basic techniques in *Motions *Jump *Yells *Acrobatics *Flexibility and help is choreograph cheer routines together. Excellent for coordination and keeping fit. Kids won't want the fun to end! There will be a performance for friends and family at the last day of class. For more information please contact us at 760-744-4478 or shannon@kidz-n-fun.com.

LinguaKidz - Spanish

Mondays 2:25-3:30 [Nov-Dec \$80 and Jan-June \$391]

11/16, 11/23, 11/30, 12/7, 12/14, 1/4, 1/11, 1/25, 2/1, 2/8, 2/22, 3/1, 3/15, 3/22, 4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24



LinguaKidz (also known as KidSchool) is a full immersion, fun and dynamic foreign language program for children! Children acquire vital second language skills through mediums of music, art, games and lots of interaction with their native teacher. LinguaKidz believes in children being *actively involved* in their learning. For further information, please contact us at 858-792-0750 or at

lena@linguakidz.com.

Monart School of the Arts

Session 2 – Transportation \$105/per student

Thursdays, (2:25p-3:35p)

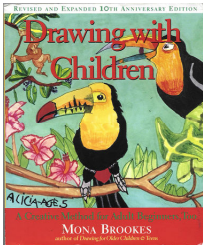
Nov- 19, Dec- 3, 10, 17, Jan- 7, 14, 21 (7 weeks)

Examples: Automobiles, Hot Air Balloons, Airplanes, Trains, etc...

The trends in travel have changed throughout history and we will explore water, land and aircraft that reflect our past, present and future forms of transportation. Different types of media will be used. Each week a fact sheet will come home accompanying a completed drawing.

Visit www.northsandiegomonart.com for more information.

or call us at: 858.259.7154



Reading STARS (Grades K-2nd) \$195

Mondays & Wednesdays 2:25 – 3:55

11/16,18,23,30,12/2,7,9,14,16,1/4,6,11,13



Reading STARS (Sensory Training Approach to Reading and Spelling) is a program developed by speech-language pathologists to enhance the early reading and spelling skills of typically developing children in grades K-2nd. The curriculum is designed to develop children's awareness of sounds and letters through multi-sensory channels. We will be reading and writing stories, playing outside games, singing songs, and creating art projects. Through participation in this unique course, students are intrinsically motivated to read and will express enthusiasm to continue learning. The class has a 1:4 teacher to child ratio so children get the individual support and attention they need. A non-threatening classroom environment is created to encourage learning through discovery. Don't miss the opportunity to give your child a solid foundation for reading! Visit www.county-speech.com or contact County Speech at (619) 574-8181 for more information.

Total Golf Adventures Grades K-6

Tuesdays 2:25 – 3:25

\$130 (New Lower Prices) for 7 weeks starting 17 November



Total Golf Adventures' national award winning program boasts an unprecedented 8:1 instructor to student ratio ensuring the required attention for your child to improve quickly. Best of all the golf classes are conducted on the school grounds and all materials are provided. With each class, students get hands on experience and are taught the fundamentals of golf along with rules and etiquette of the game. Our classes are held in a fun, safe, and nurturing environment that builds confidence, focus, and motor skills, which equate to a happy child with increasing self esteem. TGA believes that the game of golf can teach students much more than how to hit a ball straight and far. Tiger shot and amazing 48 for 9 holes at age 3. To register visit us at www.tga-sd.com or call 760.295.6622.