

FRIDAY

ENERGY, FORCES & FLIGHT with Mad Science: Join Mad Science and learn the fundamentals of flight as you experiment with a variety of gliders and build your very own high-flying stunt plane! Take home projects include *Skyhawk Plane, Crystal Garden, Wave Modulator, Electroscope, Vortex Generator and more!* This class is appropriate for grades K-6th. Register online at <http://register.madscience.org/sandiego>

FLAG FOOTBALL with Fit Kids America: Ready for some football! Learn football basics through drills, obstacle courses and strength training with an emphasis on team work. Increase agility, speed and self-esteem. Intramural games will be played each class. No tackling, just fun! Super Bowl will be played on the last day of the session. All grades welcome. Group will be split by age and ability. www.fitkidsamerica.com

KARATE with Center for Martial Arts' – Korean Karate and Self-Defense: Enjoy learning Martial Arts with friends in an environment of discipline, compassion and FUN! Children learn traditional Korean Martial Arts building confidence, self-discipline, physical agility, and self-defense ability from a caring, positive, highly trained role model. They are taught that with learning the martial arts comes the responsibility of knowing the appropriate times to practice and use their skills. www.CMAKicks.com

MANDARIN with Lingua Natal: This class is fun, interactive, "experience approach" and full immersion. This class is for both the beginner students as well as those who have already a foundation in Mandarin. www.linguanatal.com (**Friday only**)

SPANISH with Lingua Natal: This class is fun, interactive, "experience approach" and full immersion. This class is for both the beginner students as well as those who have already a foundation in Spanish. www.linguanatal.com (**M/T/F Class**)

PLEASE CONTACT ENRICHMENT VENDOR FOR FURTHER INFORMATION



LA COSTA HEIGHTS

AFTER-SCHOOL ENRICHMENT PROGRAMS



SESSION 3

JANUARY 23RD – MARCH 12TH

MONDAY

READING STARS! with County Speech: Reading STARS! is designed to enhance reading and writing skills of typically developing children in early Elementary School grades by increasing phonological awareness skills through a multisensory approach. Reading STARS enrichment classes integrate visual, auditory, and tactile modalities for an interactive, well-rounded approach to reading that helps all children become accurate, proficient readers. Cory Pickett 619-574-8181 **(M/W Class)**

SPANISH with Lingua Natal: This class is fun, interactive, "experience approach" and full immersion. This class is for both the beginner students as well as those who have already a foundation in Spanish. www.linguanatal.com **(M/T/F Class)**

TUESDAY

CLAY with Camp Imagine: Students will create from the clay itself, cups, bowls, slab rolled and pinched pots...maybe a dragon or two! How about a picture frame or wall vase? We supply the clay and all the colorful glazes. New challenges for continuing students. Come join the fun! Mike McClure (760) 603-8254

GOLF with Total Golf Adventures: TGA Premier Junior Golf is bringing the golf course to your school! TGA is the only national at-school after school golf enrichment program. TGA provides all equipment so students need to bring nothing but a smile to each class. Students learn all aspects of golf, from swinging fundamentals to the game's rules, etiquette and life values. www.golftga.com/northsandiego

MULTI-CULTURAL ART with The Kid's College: Come and experience the joy of art as it represents different cultures. We will use a variety of materials to explore how a culture uses art to express itself. The Kid's College (760) 798-4064

WEDNESDAY

CHESS with Success Through Chess: Students of all skill levels are welcome, as we have a comprehensive curriculum designed by Former U.S. Scholastic Chess Champion, Andrew Svehaug. The class is appropriate for all students, who will

progress at their own rate! Our program targets the 4 C's (Critical Thinking, Creative Thinking, Communication and Collaboration). Students love our program...they just feel like they're playing a fun game, but the truth is, they're learning 21st Century Skills which will help them to be competitive in the Global Economy. www.americanchessinstitute.com

INTERMEDIATE BAND PROGRAM with Mickey Janelli: Open to all 4th-6th graders. Students will choose their own instrument. Intermediate band is intended for students with experience. Some instrument rentals available upon request. Program runs September through May. Mickey Janelli (760) 639-1616

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THURSDAY

DRAWING with Monart: In this class students will learn how to draw a variety of pets using the Monart drawing method. Our non-competitive environment will encourage young artists of all skill levels and promote success! Students will work with various mediums such as watercolor, oil pastels, colored pencils and more. Each week a fact sheet will accompany a completed drawing. www.northsandiegomonart.com

JAZZ BAND PROGRAM with Mickey Janelli: Open to all 4th-6th graders. Students will choose their own instrument. Students in Jazz Band must also participate in either Beginning or Intermediate Band. Some instrument rentals available upon request. Program runs September through May. Mickey Janelli (760) 639-1616